



WYNIKI 5000m M

Msc.	NR	IMIĘ		NAZWISKO			DRUŻYNA		CZAS	PUNKTY
		200m	600m	1000m	1400m	1800m	2200m	2600m		
		3000m	3400m	3800m	4200m	4600m				
1	6/1	Daniel		ŻOCHOWSKI			ŻÓRAWSKI TEAM		16:03.0	16
		00:35.5	01:51.2	03:07.6	04:24.9	05:45.6	07:09.0	08:26.6		
		09:47.4	11:06.8	12:27.3	13:46.3	15:01.1				
2	1/8	Adam		STIPPA			Piekielni Warszawa		16:08.9	15
		00:35.2	01:51.1	03:07.5	04:25.2	05:45.7	07:08.3	08:27.0		
		09:47.6	11:06.6	12:27.2	13:46.3	15:01.1				
3	8/3	Błażej		WYTWER			#zaliniametyteam		16:09.9	14
		00:35.7	01:51.4	03:07.7	04:25.5	05:45.7	07:09.2	08:27.1		
		09:47.8	11:06.7	12:27.4	13:46.5	15:01.5				
4	10/2	Marcin		FEHLAU			Świat Biegacza Fehlau Run Team		16:48.9	13
		00:34.8	01:51.0	03:06.9	04:24.7	05:45.1	07:08.8	08:28.4		
		09:49.4	11:12.1	12:34.8	14:00.4	15:26.1				
5	12/5	Szymon		GORZKOWSKI			PRO366		17:16.1	12
		00:38.7	02:01.5	03:23.1	04:46.0	06:10.0	07:34.0	08:57.2		
		10:21.0	11:44.9	13:09.0	14:33.5	15:57.4				
6	14/4	Olaf		ŁOZOWSKI			#zaliniametyteam2		17:51.6	11
		00:43.3	02:11.7	03:39.2	05:04.0	06:28.6	07:55.6	09:21.2		
		10:48.7	12:15.2	13:40.7	15:06.6	16:34.6				
7	7/6	Krzysztof		KRYGIER			ACCENTURE		18:07.0	10
		00:42.1	02:09.8	03:33.3	04:58.8	06:25.1	07:52.2	09:19.8		
		10:48.1	12:16.6	13:45.8	15:16.4	16:46.0				
8	3/2	Marcin		DULNIK			ASICS FRONTRUNNER POLAND		18:52.1	9
		00:41.3	02:09.9	03:38.7	05:07.6	06:37.2	08:07.2	09:37.2		
		11:09.1	12:39.6	14:12.1	15:45.4	17:20.1				
9	4/1	Adam		MACUGOWSKI			Wedel Team		19:49.8	8
		00:44.4	02:16.5	03:48.3	05:22.8	06:58.6	08:34.2	10:12.1		
		11:49.7	13:28.5	15:06.8	16:45.9	18:25.7				
10	13/4	Paweł		MILEWSKI			PKP Intercity Running Team		19:52.1	7
		00:42.6	02:12.0	03:50.2	05:24.7	07:03.7	08:42.1	10:19.9		
		11:56.9	13:35.0	15:13.0	16:50.9	18:27.5				
11	9/7	Patryk		HANČKA			O co biega		19:52.5	6
		00:43.9	02:14.0	03:50.2	05:26.2	07:03.7	08:42.1	10:20.1		
		11:56.9	13:35.1	15:13.2	16:51.0	18:27.1				
12	9/5	Paweł		BOROWSKI			O co biega		19:54.7	5
		00:40.3	02:12.0	03:49.9	05:25.3	07:03.7	08:41.9	10:19.8		
		11:56.5	13:34.8	15:12.7	16:49.4	18:25.8				
13	3/4	Łukasz		KŁOS			ASICS FRONTRUNNER POLAND		20:28.2	4
		00:41.8	02:10.5	03:40.1	05:17.3	06:55.9	08:35.5	10:17.2		
		11:58.1	13:42.4	15:27.1	17:08.0	18:49.5				
14	2/5	Marcin		POCIECH			Fifty - Fifty		22:34.9	3
		00:47.6	02:30.2	04:14.9	05:59.5	07:48.1	09:37.0	11:26.4		
		13:16.8	15:09.7	17:03.2	18:56.7	20:49.9				
15	11/8	Wojciech		PACZUSKI			Ministerstwo Sprawiedliwości		23:42.7	2
		00:43.8	02:15.6	03:56.4	05:47.2	07:44.7	09:45.1	11:46.6		
		13:47.2	15:47.7	17:46.3	19:48.0	21:45.0				
16	5/7	Marcin		BŁASZCZAK			Fundacja Unum		28:24.8	1
		00:51.5	02:45.3	04:47.4	06:56.3	09:11.9	11:32.4	13:55.7		
		16:19.3	18:46.1	21:12.3	23:38.9	25:39.5				