



WYNIKI 3000m M

Msc.	NR	IMIĘ		NAZWISKO			DRUŻYNA		CZAS	PUNKTY
		200m	600m	1000m	1400m	1800m	2200m	2600m		
1	6/2	Oleh		KOVALCHUK			ŻÓRAWSKI TEAM		09:01.7	16
		00:38.3	01:53.3	03:07.2	04:22.7	05:38.0	06:53.0	08:03.7		
2	1/7	Piotr		MIELEWCZYK			Piekielni Warszawa		09:02.2	15
		00:37.8	01:52.7	03:06.8	04:22.2	05:37.5	06:52.9	08:03.8		
3	10/4	Łukasz		JUREK			Świat Biegacza Fehlau Run Team		09:22.8	14
		00:37.6	01:52.5	03:06.5	04:22.2	05:37.4	06:52.5	08:08.8		
4	8/2	Adam		ELBAH			#zaliniametyteam		09:25.0	13
		00:38.6	01:53.5	03:07.4	04:22.8	05:38.2	06:53.5	08:10.8		
5	1/8	Adam		STIPPA			Piekielni Warszawa		09:25.5	12
		00:38.2	01:54.4	03:10.0	04:27.1	05:45.3	07:02.8	08:17.6		
6	7/7	Paweł		KURACH			ACCENTURE		10:35.6	11
		00:41.0	02:04.1	03:26.4	04:51.1	06:17.2	07:43.7	09:09.2		
7	7/6	Krzysztof		KRYGIER			ACCENTURE		10:49.3	10
		00:42.2	02:10.8	03:38.6	05:05.1	06:33.1	08:01.5	09:29.1		
8	4/2	Jacek		KARWOWSKI			Wedel Team		10:58.7	9
		00:42.8	02:10.8	03:40.1	05:10.0	06:41.7	08:11.2	09:38.4		
9	12/6	Grzegorz		ŁUKASZCZUK			PRO366		11:12.3	8
		00:41.6	02:10.4	03:40.6	05:10.2	06:41.8	08:13.8	09:46.6		
10	9/1	Viktor		VOLKOV			O co biega		11:24.2	7
		00:39.0	02:02.4	03:33.7	05:08.0	06:41.4	08:17.0	09:53.7		
11	14/3	Robert		BUBEL			#zaliniametyteam2		11:27.0	6
		00:41.9	02:11.4	03:41.3	05:10.7	06:42.4	08:17.4	09:54.4		
12	13/2	Piotr		BIENIEK			PKP Intercity Running Team		11:44.0	5
		00:42.8	02:11.9	03:43.2	05:18.5	06:56.5	08:34.4	10:15.0		
13	3/5	Rafał		KOWALCZYK			ASICS FRONTRUNNER POLAND		12:03.5	4
		00:40.2	02:13.0	03:48.3	05:25.5	07:02.9	08:44.0	10:26.9		
14	11/6	Mikołaj		BEKASIAK			Ministerstwo Sprawiedliwości		13:24.9	3
		00:39.8	02:13.9	03:58.1	05:49.7	07:45.1	09:39.8	11:35.1		
15	5/5	Daniel		KOPRZYWA			Fundacja Unum		14:04.6	2
		00:47.0	02:29.5	04:19.5	06:09.5	08:07.5	10:11.5	12:13.8		
16	2/1	Edward		KOMENDACKI			Fifty - Fifty		14:31.0	1
		00:39.2	02:20.0	04:12.4	06:09.3	08:11.4	10:20.1	12:26.9		